

# SOCIAL JUSTICE COACHING PROGRAMS

Guided by our core principles, LJIST's Social Justice Coaching Programs approach coaching with an understanding of institutional and internalized oppression. LJIST offers four unique Social Justice Coaching Programs, each with a different focus, level of commitment, and pre-requisites.

	INTRO COACHING	FACILITATION COACHING	TRANSFORMING RELATIONSHIPS COACHING	TRANSFORMING LEADERSHIP COACHING
PROGRAM LENGTH	Up to 3 Months	6 Months	1 Year	6 Months
PRE-REQUISITE	None	None	Transforming Relationships Program** (TRP) (with JLI)	Transforming Leadership Program (TLP) (with JLI)
COACHING PARTNER REQUIRED*	No	Yes	Yes	Yes
1-ON-1 SESSIONS (PER COACHING PARTNER)	3 1-hour 1-on-1 Sessions	6 1-hour 1-on-1 Sessions (monthly)	12 1-hour 1-on-1 Sessions (monthly)	6 1-hour 1-on-1 Sessions (monthly)
2-ON-1 SESSIONS	N/A	6 1-hour 2-on-1 Sessions (monthly)	6 90-minute 2-on-1 Sessions (every other month)	3 90-minute 2-on-1 Sessions (every other month)
IS THIS PROGRAM RENEWABLE?	Yes, one time, for a total of 6 sessions	Yes, unlimited	Yes, one time, for a total of 2 years	No
PRICE	\$1,997	\$7,997 per Coaching Partner	\$10,597 per Coaching Partner	\$7,997 per Coaching Partner

\*If you don't have a Coaching Partner, LJIST can match you with someone for a \$250 fee.

\*\*Formerly Transformational Communication Program

	INTRO COACHING	FACILITATION COACHING	TRANSFORMING RELATIONSHIPS COACHING	TRANSFORMING LEADERSHIP COACHING
THIS PROGRAM IS FOR YOU IF YOU WANT:	<ul style="list-style-type: none"> <li>Quick access to a LJUST Coach</li> <li>Personalized and short-term support for an immediate DEI or social justice challenge</li> <li>An experience with LJUST coaching before making a commitment to a longer coaching or other LJUST program</li> <li>Coaching that uses oppression theory and a healing approach to get “unstuck,” offer fresh perspectives, and identify effective actions</li> <li>Coaching that gets at the root issues with compassion and commitment to non-judgment</li> </ul>	<ul style="list-style-type: none"> <li>Personalized and ongoing support as a DEI Leader and/or facilitator for DEI Committees, Employee Resource Groups (ERG), or Affinity Groups</li> <li>More skills for facilitating inclusive meetings or teams</li> <li>To be more effective in guiding challenging DEI conversations</li> <li>Coaching that uses oppression theory and a healing approach to get “unstuck,” offer fresh perspectives, and identify effective actions</li> <li>Coaching that gets at the root issues with compassion and commitment to non-judgment</li> </ul>	<ul style="list-style-type: none"> <li>Personalized and ongoing support to apply frameworks and practices learned in TRP</li> <li>To root out internalized oppression that is in your way of living your values</li> <li>Accountability with a regular Listening Partnership for greater support and to deepen your healing practice</li> <li>Coaching that uses oppression theory and a healing approach to get “unstuck,” offer fresh perspectives, and identify effective actions</li> <li>Coaching that gets at the root issues with compassion and commitment to non-judgment</li> </ul>	<ul style="list-style-type: none"> <li>Personalized and ongoing support to apply frameworks, policies and practices learned in TLP</li> <li>To root out the impacts of past leadership attacks and be more effective in interrupting leadership targeting</li> <li>Accountability with a regular Listening Partnership for greater support</li> <li>Coaching that uses oppression theory and a healing approach to get “unstuck,” offer fresh perspectives, and identify effective actions</li> <li>Coaching that gets at the root issues with compassion and commitment to non-judgment</li> </ul>
PROGRAM BENEFITS	<ul style="list-style-type: none"> <li>Quick access to LJUST Coach</li> <li>No pre-requisites required</li> <li>No Coaching Partner required</li> </ul>	<ul style="list-style-type: none"> <li>Facilitation Resources, Videos, Handouts <b>\$599 Value</b></li> <li>Constructivist Listening Resources to Begin a Listening Partnership Practice with Your Coaching Partner <b>\$99 Value</b></li> </ul>	<ul style="list-style-type: none"> <li>Transforming Relationships Key Teachings Video <b>\$599 Value</b></li> <li>Transforming Relationships Videos and Handouts <b>\$599 Value</b></li> <li>Constructivist Listening Resources to Continue/ Begin your Listening Partnership Practice with Your Coaching Partner <b>\$99 Value</b></li> </ul>	<ul style="list-style-type: none"> <li>Transforming Leadership Webinar <b>\$97 value</b></li> <li>Transforming Leadership Handouts, Videos, and Sample Organizational Policies <b>\$599 Value</b></li> <li>Constructivist Listening Resources to Continue/ Begin your Listening Partnership Practice with Your Coaching Partner <b>\$99 Value</b></li> </ul>